

# Crisis Intervention First Look: Focused Response for Youth

*Crisis Intervention First Look: Focused Response for Youth*, an eLearning course, offers insights and practical guidance on the applicability of Crisis Intervention Teams (CIT) for the youth population. As children and teens confront startling rates of psychological distress, first responders and community service providers turn to the CIT model for a collaborative, structured, and coordinated response.

The course explores the growing factors impacting youth mental health and the needs of various youth populations. Focusing on the applicability of CIT youth crisis response, the course provides next steps and resources for CIT implementation. Law enforcement officers, mental health practitioners, and mental health advocates draw upon their unique experiences to share best practices.



### Learning Hours:

1 hour

### Target Audience:

Public safety and community service practitioners, decision-makers, and policy planners from any discipline involved in facilitating effective responses to mental health crises experienced by veterans.

### Completion Standards:

Certificate of Completion awarded based on assigned learning hours and minimum 80% score on post course assessment.

Portal course sessions are active Jan. 1 - Dec. 31 of each year and course content must be completed by December 31 to earn your certificate.

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## Learning Objectives

- *Examine the contributing factors to mental health crises in young people*
- *Explore the impact of youth mental health issues on communities*
- *Examine the need for crisis response for youth*
- *Explore current youth-focused crisis response practices being implemented by CIT practitioners*
- *Examine the goals and desired outcomes related to youth-focused crisis response and the CIT model*
- *Identify the potential benefits of CIT implementation on youth-focused crisis response*
- *Explore the next steps in CIT implementation planning to support youth in crisis*
- *Identify key national CIT, youth support, and mental health organizations and resources*

### Cooperative Partners:

This tuition-free online training was developed by the National Center for Policing Innovation (NCPI), and funded by the U.S. Department of Justice, Office of Community Oriented Policing Services (COPS).

Companion courses offered on the COPS Training Portal include: **Crisis Intervention: Overview of Effective Models** and **Crisis Intervention First Look: Focused Response for Veterans**; and a companion resource, **Innovations in Crisis Response: What CIT Programs Need to Know** (e-Guide).

Visit the **COPS Portal** and get started in under 5 minutes!



No-Cost | Web-Based | On-Demand