

## eLearning Course



No-Cost | Web-Based | On-Demand

# Drug Identification and Recognition: Depressants, Antidepressants, and Inhalants

*Drug Identification and Recognition: Depressants, Antidepressants and Inhalants*, an eLearning course in a series of Drug Identification modules, explores commonly abused depressants, sedatives, antidepressants, and inhalants.

As reported by the US Surgeon General in 2015, 1.5 million Americans aged 12 or older reported misusing sedatives in the past year. Furthermore, 6.1 million individuals reported misusing tranquilizers such as Xanax®. Especially concerning, many of these individuals mix sedatives and/or tranquilizers with alcohol, a depressant in its own right. This risky behavior increases the potential for overdose which can occur when critical areas in the brain that control breathing, heart rate, and body temperature stop functioning.

The learning modules explore current trends relating to these substances, examine side effects and symptoms of abuse, discuss the synergistic effects of depressants mixed with alcohol, and review common and household items used for inhalant properties.



### Learning Hours:

1 hour

### Completion Standards:

Certificate of Completion awarded based on assigned learning hours and minimum 80% score on post course assessment.

Portal course sessions are active Jan. 1 – Dec. 31 of each year and course content must be completed by December 31 to earn your certificate.

### Target Audience:

Law enforcement, criminal justice professionals, service providers, corrections professionals, court system personnel, social workers, behavioral health/treatment providers, and other community stakeholders.

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# Drug Identification and Recognition: Depressants, Antidepressants, and Inhalants

## Learning Objectives

- *Identify commonly abused depressants, sedatives, antidepressants, and inhalants*
- *Discuss the current trends relating to these substances*
- *Summarize the side effects and/or symptoms of abuse for depressants, antidepressants, sedatives, and inhalants*
- *Describe the synergistic effect that occurs when depressants are mixed with alcohol*
- *Identify the household and other common items that are used for their inhalant properties*

### Cooperative Partners:

This tuition-free online training was developed by the National Criminal Justice Training Center of Fox Valley Technical College and funded by the U.S. Department of Justice, Office of Community Oriented Policing Services.

The other courses in this series include:

**Dissociative Anesthetics**, **The Opioid Crisis in America**, **Stimulants**, and **Hallucinogens**.



Visit the **COPS Portal** and get started in under 5 minutes!



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